MESOTHERAPY

What is Mesotherapy?
Most of us develop lumps and bumps of unsightly fat and cellulite in our lives. Now there is a solution, Mesotherapy-Lipotherapy! Developed in France in the 1950's, Mesotherapy is the micro-injection of pharmaceutical products, vitamins, and natural substances to break down those stubborn fat pockets. The treatment slowly dissolves the deposits with the injection of these fat-dissolving substances. The body eliminates the residue after a Mesotherapy session over the following three to four weeks. You will be required to drink at least two liters of water a day to flush your body.

How does the treatment work?
Mesotherapy can deliver a host of medications directly into areas of concern. When tailored to weight loss, injectables oxidize fat, shrink cells, weaken connective tissue and increase cell production. Fat released into the body is metabolized in exercise or excreted. Mesotherapy sessions are used alongside exercise and diet regimens rather than as an alternative to them.

What are the results?
Mesotherapy is a permanent solution that eliminates dimpling and extra fat under the skin. After Mesotherapy, a patient's skin appears significantly smoother. Most patients lose anywhere from two to four inches where their cellulite was treated. On specific targeted areas, some patients can lose up to six inches.

How many treatments are required?
Mesotherapy requires a series of treatments for larger areas. The number of sessions is determined by the results you desire.

Is Mesotherapy safe?
Mesotherapy has no serious side effects. All injected substances such as vitamins, antioxidants, phosphatidycholine (a natural soy bean substance) or hyaluronic acid are FDA approved.

Are there any possible side effects?
You may experience tenderness, swelling or redness for a few days after your session. In some cases, a nodule will develop and recede on its own over time. Rare allergic reactions to injectables may occur. Products are available in our medical spa to aid in your post-injection recovery.

Will there be any downtime?
No, you may return to your daily routine immediately. Post-injection instructions will be given to you at your consultation.

What are the benefits of Mesotherapy over other treatments?
Mesotherapy is a targeted, non-invasive way to achieve instant results. It has a high (80-90%) success rate. Mesotherapy can be used to treat very specific or deep areas. Should you regain weight lost through Mesotherapy, it will not appear in odd and unpredictable places, as it often does in liposuction.

What can be expected post-treatment?
After treatment, you may return to your daily schedule. There may be some tenderness, itching, redness or swelling which will diminish over the next couple of days. We offer products in our MedSpa to aid in post-treatment.
How long does a Mesotherapy treatment last?
A session typically lasts about thirty minutes.

Who should avoid Mesotherapy?
You should avoid Mesotherapy if you are pregnant or breastfeeding or have serious medical conditions. Certain skin diseases may disqualify you from treatment.

What area respond best?
The areas that respond best are certain stubborn fat pockets that resist further reduction after diet and exercise. These include double chins, the abdomen, love handles, saddle bags, knees, and the area on the back just near the underarms. Mesotherapy and Lipotherapy have been known to smooth out and improve the skin as well. These treatments are not intended to be a substitute for weight loss from diet, exercise, and a healthy lifestyle.

How does the treatment feel?
Needles are small, about the size of an eyelash. The smallest possible micro-injections are used, causing minimal discomfort. The multi-pricking therapy is even less noticeable and can hardly be felt at all. Topical agents are applied to the skin to minimize discomfort as well.

How long do the results last?
The results are long-lasting in the absence of further weight gain. Maintenance sessions performed once or twice a year will prolong results.

What are the alternative treatments?
The alternative treatments that are available are liposuction and abdominoplasty, which all have their own surgical risks.

What are the limitations of Mesotherapy?
Mesotherapy is designed for small areas only. Dramatic results require many treatments. It is recommended for people who are within thirty pounds of their ideal weight.

Is this a new procedure?
As mentioned previously, Mesotherapy was invented in France in the 1950's. Over the past ten years, doctors in South America, South Africa, and Europe have successfully used Mesotherapy procedures on hundreds of thousands of patients.

Instructions for before treatment:
To reduce bruising, avoid blood thinners for a week before treatment.

Instructions for after treatment:
It is important that you exercise, drink lots of fluids and eat healthy. Otherwise, fat released into your system may reappear.

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